

An In-Depth Look at The Queen of Narcissism: Her Tactics and Three Generations

Are you struggling to deal with a narcissist in your life? Do you feel like you're constantly walking on eggshells, never knowing what to expect? If so, this book is for you.



Living with Jezebel: An In-Depth Look at the Queen of Narcissism, Her Tactics, and Three Generations of

Destruction by Miko Marsh

★★★★☆ 4.4 out of 5

Language	: English
File size	: 1020 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 106 pages
Lending	: Enabled



In *The Queen of Narcissism*, author Dr. Julie Hall provides an in-depth look at the tactics used by narcissists, and how to defend yourself against them.

Dr. Hall has spent years studying narcissism, and she has a deep understanding of the disFree Download. She knows how narcissists think and operate, and she can help you to understand them too.

This book is full of real-life anecdotes and examples, which will help you to see how narcissism manifests itself in the real world.

You'll learn about the different types of narcissists, and how to spot them. You'll also learn about the tactics they use to control and manipulate others.

Most importantly, you'll learn how to defend yourself against narcissists. Dr. Hall provides proven strategies for setting boundaries, protecting your emotional health, and breaking free from their toxic influence.

If you're ready to take back your life from a narcissist, this book is for you.

What You'll Learn in This Book

- The different types of narcissists
- The tactics they use to control and manipulate others
- How to spot a narcissist
- How to defend yourself against narcissists
- How to break free from their toxic influence

Who Should Read This Book

This book is for anyone who is struggling to deal with a narcissist in their life. Whether you're a family member, friend, or partner, this book will help you to understand narcissism and how to protect yourself from its harmful effects.

About the Author

Dr. Julie Hall is a licensed clinical psychologist with over 20 years of experience working with individuals and families affected by narcissism. She is the author of several books on narcissism, including *The Narcissist in Your Life* and *The Covert Narcissist*.

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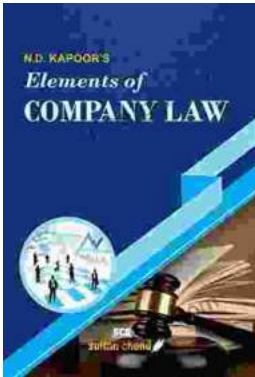
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