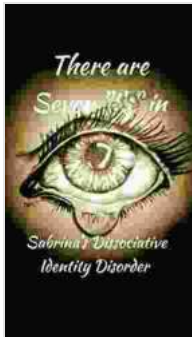


# An Open And Honest Look Into The Life Of 38 Year Old Girl Living With



**There are 7 "I's" in Sabrina's Dissociative Identity Disorder: An open and honest look into the life of a 38-year-old 'girl' living with Dissociative Identity Disorder.**

by Michel Foucault

★★★★★ 5 out of 5

Language : English  
File size : 4201 KB  
Text-to-Speech : Enabled  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 124 pages  
Lending : Enabled  
Screen Reader : Supported



This book is an open and honest look into the life of a 38-year-old girl living with. It is a raw and unflinching account of her struggles and triumphs, her hopes and dreams.

The author, who has chosen to remain anonymous, has been living with for over 20 years. She has experienced the full range of emotions that come with this condition, from the fear and shame of diagnosis to the acceptance and self-love that she has found today.

In this book, the author shares her story with the hope of inspiring others who are struggling with. She writes about the challenges of living with a

chronic illness, the importance of self-care, and the power of finding strength in community.

This book is a must-read for anyone who has ever struggled with their weight, their body image, or their mental health. It is a powerful and inspiring story that will leave you feeling hopeful and empowered.

**Here is a brief excerpt from the book:**

“

***“ I was 16 years old when I was first diagnosed with. I remember the day like it was yesterday. I was sitting in the doctor's office, my heart pounding in my chest. The doctor looked at me with a sympathetic smile and said, "I'm sorry, but you have."***

***I felt like my world was crashing down around me. I didn't know what to do or what to think. I had always been a healthy and active child, and now I was suddenly being told that I had a chronic illness.***

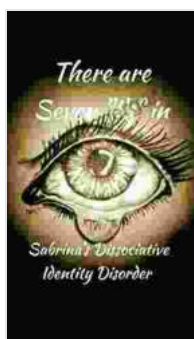
***In the years since my diagnosis, I have learned a lot about and about myself. I have learned that is a complex condition that affects every person differently. I have also learned that there is no one-size-fits-all treatment plan.***

***Over the years, I have tried a variety of treatments, both traditional and alternative. I have learned what works for me***

***and what doesn't. I have also learned the importance of self-care and the power of finding strength in community.***

***Today, I am living a full and happy life. I am grateful for the challenges that I have faced, because they have made me the person I am today. I am strong, I am resilient, and I am not afraid to live my life to the fullest. ”***

**If you are struggling with, I encourage you to read this book. It is a powerful and inspiring story that will leave you feeling hopeful and empowered.**



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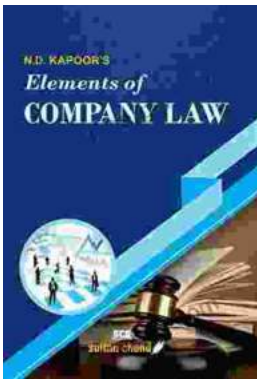
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