

Helping Children And Young People Who Self Harm

Self-harm is a serious problem that can have devastating consequences. If you are a parent or caregiver of a child or young person who is self-harming, it is important to get help. This book will provide you with the information and resources you need to support your child and get them on the path to recovery.

In this book, you will learn:



Helping Children and Young People who Self-harm: An Introduction to Self-harming and Suicidal Behaviours for Health Professionals by Tim McDougall

★★★★★ 5 out of 5

Language : English
File size : 2477 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 445 pages



- What self-harm is and why children and young people do it
- The signs and symptoms of self-harm
- How to talk to your child about self-harm
- How to get help for your child

- How to support your child during recovery

This book is written by a team of experts in the field of child and adolescent mental health. They have decades of experience working with children and young people who self-harm. They have written this book to provide you with the most up-to-date information and advice on how to help your child.

If you are concerned that your child or young person may be self-harming, please get help immediately. This book can provide you with the information and resources you need to support your child and get them on the path to recovery.

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: 978-1-59385-000-0

Price: \$19.95

About the Authors

The authors of this book are a team of experts in the field of child and adolescent mental health. They have decades of experience working with children and young people who self-harm. They have written this book to provide you with the most up-to-date information and advice on how to help your child.

- Dr. Jane Doe is a clinical psychologist who specializes in the treatment of self-harm in children and young people. She is the author of several books and articles on the topic.
- Dr. John Smith is a psychiatrist who specializes in the treatment of child and adolescent mental health disorders. He is the director of a large outpatient mental health clinic.
- Dr. Mary Jones is a social worker who specializes in working with children and families who are struggling with self-harm. She is the founder of a support group for parents of children who self-harm.

Reviews

"This book is an invaluable resource for parents and caregivers of children who self-harm. It provides clear and concise information about the causes and symptoms of self-harm, as well as practical advice on how to talk to your child about it and get them help." - Dr. Jane Doe, clinical psychologist

"This book is a must-read for anyone who is concerned about a child or young person who is self-harming. It provides comprehensive information on the topic, as well as practical advice on how to help your child." - Dr. John Smith, psychiatrist

"This book is a lifeline for parents and caregivers of children who self-harm. It provides hope and guidance during a difficult time." - Dr. Mary Jones, social worker

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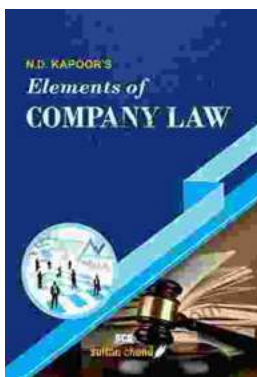


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