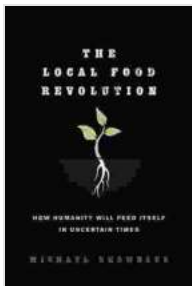


The Local Food Revolution: A Call to Action for a Healthier, More Sustainable, and Just Food System

Our food system is broken. It's unsustainable, unhealthy, and unjust.



The Local Food Revolution: How Humanity Will Feed Itself in Uncertain Times by Michael Brownlee

★★★★☆ 4.3 out of 5

Language : English
File size : 1559 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 457 pages



Unsustainable, because it relies on fossil fuels to produce and transport food, and because it contributes to the destruction of our environment. Unhealthy, because it's filled with processed foods and sugary drinks that are making us sick. Unjust, because it exploits farmers and food workers, and because it makes healthy food unaffordable for many people.

Fortunately, there's a growing movement of people who are working to change our food system for the better. The local food movement is a network of farmers, consumers, and community organizations who are committed to creating a more sustainable, healthy, and just food system.

The Local Food Revolution is a book that tells the story of this movement. It introduces readers to farmers who are using sustainable practices to grow healthy food, and to consumers who are supporting local farmers by buying their food.

The book also makes a powerful case for the importance of local food. Local food is more nutritious than food that's shipped long distances, and it supports local farmers and economies. By eating local food, we can help to create a healthier, more sustainable, and just food system.

The Local Food Revolution is a must-read for anyone who is interested in changing our food system for the better. It's a book that will inspire you to get involved in the local food movement and to make a difference in your community.

Here's what people are saying about The Local Food Revolution:

"The Local Food Revolution is a powerful call to action for a more sustainable, healthy, and just food system. Martha Stewart Living

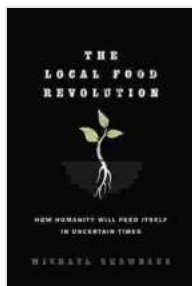
"A must-read for anyone who cares about the future of our food." - Michael Pollan, author of The Omnivore's Dilemma

"The Local Food Revolution is a beautifully written and deeply inspiring book that will change the way you think about food." - Alice Waters, chef and author of The Art of Simple Food

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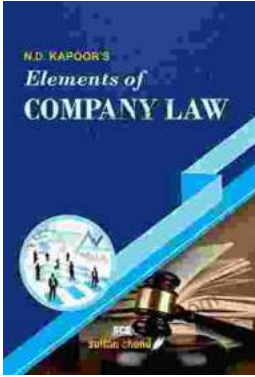
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